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STACEY MILLER

C O N S U L T A N C Y

Positivity and Prevention



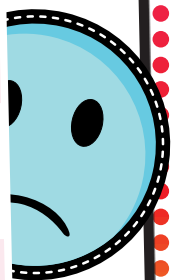
TRAINING TOPIC	FULL DAY	HALF DAY	2 HOUR WORKSHOP
Alcohol awareness	√	√	√
Anger management			√
Anti bullying	√	√	√
Cannabis awareness		√	√
Cognitive behavioural approaches	√	√	√
Dealing with stress		√	√
Developing and maintaining professional boundaries	√	√	√
Drug Awareness	√	√	√
Food and mood			√
Managing anxiety		√	√
Mental health awareness	√	√	√
Mindfulness		√	√



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TRAINING TOPIC	FULL DAY	HALF DAY	2 HOUR WORKSHOP
Money and Mental Health		✓	✓
Motivational interviewing	✓	✓	✓
Relationships and sex education	✓	✓	✓
Self esteem and confidence		✓	✓
Understanding domestic abuse and violence	✓	✓	✓
Understanding self harm	✓	✓	✓
Wellness in the work place	✓	✓	✓
Working with Families affected by substance misuse	✓	✓	✓
Youth engagement	✓	✓	✓



2 Hour Workshop £300
Half Day £400 • Full Day £800

Workshops can be delivered
online or in-person.

10% Discount for voluntary organisations.

